

## CONCEPT CHECK

- What are some of the negative consequences of eating disorders?
- How are the following factors implicated in “causing” anorexia nervosa?
  - Genetics
  - Physiological changes
  - Cultural factors
- Considering the three eating disorders described in this section—anorexia nervosa, bulimia nervosa, and binge eating disorder—answer the following questions:
  - What are the primary diagnostic criteria for each?
  - What are the prevalence rates of each in terms of lifetime and gender differences?
  - Is there a genetic component to the disorder?
  - What is the treatment of choice for each, and what do we know about the effectiveness of treatment?